

# 19th Annual CHOP APP Conference: Global Approach to Pediatric Healthcare — Primary, Acute and Behavioral Health

**Thursday, May 31, and Friday, June 1, 2018**

The Union League of Philadelphia | Philadelphia, Pa.

Learn more: [chop.cloud-cme.com](http://chop.cloud-cme.com)



## COURSE OVERVIEW

2018 marks the 19th anniversary of Children's Hospital of Philadelphia annual Advanced Practice Provider Conference. The conference covers timely professional topics and up-to-date clinical care of children and adolescents who present with complex medical and behavior issues. Opportunities for interactive learning and professional networking will augment the didactic component of the sessions. The conference is targeted to advanced practice providers in primary care and acute/chronic specialties.

## KEYNOTE SPEAKERS

**Antonia M. Villarruel, PhD, RN, FAAN**  
**Professor and Margaret Bond Simon**  
**Dean of Nursing, University of**  
**Pennsylvania School of Nursing**  
**Senior Fellow, Leonard Davis Institute of**  
**Health Economics**

Antonia M. Villarruel, PhD, RN, FAAN, is the Margaret Bond Simon Dean of Nursing at the University of Pennsylvania School of Nursing and Director of the School's WHO Collaborating Center for Nursing and Midwifery Leadership. As a bilingual and bicultural nurse researcher, Villarruel has extensive research and practice experience.

She chairs the National Academy of Medicine's Roundtable on the Promotion of Health Equity. Villarruel is a Trustee of the American Board of Internal Medicine Foundation and an invited member of the Aspen Health Strategy Group.

**Rachel Levine, MD**  
**Secretary of Health**  
**Professor of Pediatrics and Psychiatry,**  
**Pennsylvania State College of Medicine**

Rachel Levine, MD, is currently the Secretary of Health and Professor of Pediatrics and Psychiatry at the Penn State College of Medicine. Her accomplishments at the Penn State Hershey Medical Center include the initiation of a Division of Adolescent Medicine for the care of complex teens with medical and psychological problems.

## MEETING LOCATION

The conference will be held May 31 and June 1, 2018, at the Union League of Philadelphia located on the Avenue of the Arts in the heart of Center City. The Union League is just 20 minutes from the Philadelphia International Airport and within walking distance of exclusive shopping, world-class restaurants, art museums and historical sites.



## DRESS CODE AT THE UNION LEAGUE

The Union League requires that a jacket be worn by men dining in its restaurants, including the Marble Dining Rooms, Café Meredith, Boker Room and the Old Cafe. Jackets are not required at breakfast or Saturday lunch, which will be business casual. Business casual is defined as a collared shirt and slacks for men and appropriate attire for women. Jeans or other denim wear, athletic attire, T-shirts, shorts, baseball caps, sneakers or tattered clothes are never permitted on the first or second floor of the League House (where the restaurants and meeting rooms are located).

The Union League of Philadelphia  
140 S. Broad St. • Philadelphia, Pa. 19102  
215-563-6500 • [unionleague.org](http://unionleague.org)

## REGISTRATION FEES

The registration fee includes continental breakfast, breaks, lunch, reception and program materials.

Full conference: \$325

One day: \$225

## COURSE OBJECTIVES

- Describe current practice considerations for treating primary care and acute care pediatric patients
- Identify opportunities for a holistic approach to caring for the pediatric patient
- Explain pediatric-specific behavioral health challenges faced by advanced practice providers in the clinical setting
- Review preventative measures for optimizing the safety and well-being of the pediatric patient
- Identify strategies that will enable APPs to function at full scope of practice

## CONTINUING NURSING EDUCATION APPROVED PROVIDER STATEMENT

Children's Hospital of Philadelphia is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## ACCME ACCREDITATION STATEMENT

Children's Hospital of Philadelphia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

## AMA CREDIT DESIGNATION STATEMENT

Children's Hospital of Philadelphia designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## HOTEL ACCOMMODATIONS

Children's Hospital of Philadelphia has reserved a block of rooms with reduced rates at The Inn at the League, 1450 Sansom St., Philadelphia, Pa. 19102 (215-587-5570). The Inn at the League has recently renovated, four-diamond quality hotel rooms and suites in the same building as the conference site. The group rates are \$235 single and double occupancy plus a 7 percent room tax. Participants are required to make their own hotel reservations by calling the Inn directly at 215-587-5570. The special room rate will be available until Monday, April 30, 2018. After that date, reservations will be accepted on a space and rate availability basis.

## CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service charge, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by airlines or travel agencies. In order to process refunds for course withdrawals, cancellation must be received in writing by Monday, May 14, 2018. No refunds will be issued thereafter.

## SERVICES FOR PEOPLE WITH DISABILITIES

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.

**PROGRAM | THURSDAY, MAY 31, 2018**

**7:30 a.m.** Registration and Continental Breakfast

**8 a.m.** Welcoming Remarks

**8:15 a.m. Keynote Address**

**Investing in Our Future: Children's Health and APPs, 2018**  
*Antonia Villarruel, PhD, RN, FAAN*

**9:15 a.m.** Type 1 Diabetes: Medication and Technology Updates for 2018  
*Melissa Rearson, MSN, CRNP*

**10:15 a.m.** Break/Exhibits

**10:30 a.m.** Caring for the Patient and Family with Complex Behavioral Health Needs in the Inpatient and Outpatient Settings:  
**A Panel Discussion**  
*Kristen Czech, MFT, MSN, CRNP*  
*Catharyn A. Turner, II, MD, MEd*  
*Samantha Greenbaum, RN, BSN*  
*Roberta E. Thomas, LSW*

**Noon** Networking Lunch/Exhibits

**1 p.m.** Breakout Sessions

**A. Clinical Aromatherapy: An Introduction to the Safe Use of Essential Oils**  
*Vanessa Battista, MS, CPNP, CCRC*

**B. Pediatric Arrhythmias and Medications: What Should You Know?**  
*Kathryn M. Dodds, MSN, CRNP*

**C. Child and Adolescent Immunization Update 2018**  
*Geri O'Hare, MSN, CRNP*

**2 p.m.** Break/Exhibits

**2:15 p.m.** Updates in Pediatric Sports Medicine — Concussions, Overuse Injuries and Injury Prevention Strategies: A Panel Discussion  
*Roni Robinson, MSN, CRNP*  
*Matthew Grady, MD*  
*Alyssa Tannenbaum, PT, DPT*

**4 p.m.** Networking Reception

**PROGRAM | FRIDAY, JUNE 1, 2018**

**7:30 a.m.**      **Registration and Breakfast**

**8 a.m.**            **Opening Comments**

**8:15 a.m.**      **Keynote Address**

Update for Advanced Practice Providers, 2018, from the  
Pennsylvania Physician General  
*Rachel Levine, MD*

**9:15 a.m.**      **Munchausen Syndrome by Proxy: A Spectrum**  
*Stephen Ludwig, MD*

**10:15 a.m.**      **Break/Exhibits**

**10:30 a.m.**      **Looking at the Opioid Problem from the Streets to the Exam Room:  
A Panel Discussion**  
*June Treston, MSN, CRNP*  
*Rachel Levine, MD*  
*Officer Alvin Outlaw*  
*person in recovery TBD*

**Noon**            **Lunch**

**1 p.m.**            **Breakout Sessions**

**A. Facing Food Allergies: Update to the Evidence**  
*Megan O. Lewis, MSN, CRNP*

**B. Medical Emergencies Outside of the ICU: Understanding  
Emergency Response Systems and Why They Matter**  
*Jessica Strohm Farber, DNP, CRNP, CPNP-AC, PPCNP-BC*

**C. Medical Care 101 for Transgender and Gender Expansive Youth**  
*Zachary McClain, MD*

**2 p.m.**            **Reading Between the Lines: Diagnostic Consideration in the Young  
Child Presenting with Communication Difficulties**  
*Daphna Shaw, MSN, CPNP-PC*

**3 p.m.**            **Antibiotic Prescribing and Stewardship in Pediatrics:  
Why Every Decision Matters**  
*Kevin Downes, MD*

**4 p.m.**            **Course Adjourns**

*Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.*

## **COURSE DIRECTORS**

**Eileen Bookbinder, MSN, CRNP**  
*Pediatric Nurse Practitioner  
Emergency Department*

**Kristin Drexel, MSN, CRNP**  
*Advance Practice Provider Team Lead for Education and Professional Development  
PSNA Planner*

**Bernadette Gerardi, MSN, CRNP**  
*Pediatric Nurse Practitioner  
Department of Orthopaedics and Sports Medicine*

**Barbara Picard, MSN, CRNP**  
*Karabots Primary Care Center  
Family Nurse Practitioner  
Faculty, University of Pennsylvania Primary Care Nurse Practitioner Program*

**Antonette Silvestri, MSN, CRNP**  
*Pediatric Nurse Practitioner  
APP Manager, Emergency Department*

**Amy Scholtz, MSN, RN, WHNP-BC**  
*Manager, Advanced Practice Providers*

## **KEYNOTE SPEAKERS**

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University of Pennsylvania School of Nursing  
Senior Fellow, Leonard Davis Institute of Health Economics*

**Rachel Levine, MD**  
*Secretary of Health  
Professor of Pediatrics and Psychiatry  
Penn State College of Medicine*

## **FACULTY**

**Vanessa Battista, MS, CPNP, CCRC**  
*Pediatric Nurse Practitioner  
Pediatric Palliative Advanced Care Team (PACT)*

**Kristen Czech, MFT, MSN, CRNP**  
*Pediatric Nurse Practitioner  
APP Lead, Medical Behavioral Unit and Rehabilitation*

**Kathryn M. Dodds, MSN, CRNP**  
*Pediatric Nurse Practitioner  
Manager, Single Ventricle Survivorship Program  
The Cardiac Center*

**Kevin Downes, MD**  
*Attending Physician, Division of Infectious Diseases  
Instructor of Pediatrics*

**Jessica Strohm Farber, DNP, CRNP, CPNP-AC, PPCNP-BC**  
*Pediatric Critical Care Nurse Practitioner  
Department of Anesthesia and Critical Care Medicine*

**Matthew Grady, MD**

*Fellowship Director, Primary Care Sports Medicine  
Division of Orthopaedic Surgery  
Assistant Professor of Clinical Pediatrics*

**Samantha Greenbaum, RN, BSN**

*Nursing Clinical Supervisor  
Medical Behavioral Unit*

**Megan O. Lewis, MSN, CRNP**

*Pediatric Nurse Practitioner  
Program Manager, Allergy Research  
Division of Allergy and Immunology*

**Stephen Ludwig, MD**

*Senior Adviser for Medical Education  
Professor of Pediatrics*

**Zachary McClain, MD**

*Associate Director, Division of Adolescent Medicine  
Assistant Professor of Clinical Pediatrics*

**Geri O'Hara, MSN, CPNP**

*Pediatric Nurse Practitioner  
Ambulatory Pediatrics  
Care Network-Cobbs Creek  
University of Pennsylvania School of Nursing  
Primary Care Pediatric and Family Nurse Practitioner Program*

**Officer Alvin Outlaw**

*#7121 Philadelphia Police  
Canine Unit*

**Melissa Rearson, MSN, CRNP**

*Pediatric Nurse Practitioner  
Diabetes Center for Children  
Division of Endocrinology and Diabetes*

**Roni Robinson, MSN, CRNP**

*Pediatric Nurse Practitioner  
Division of Orthopaedics and Sports Medicine*

**Daphna Shaw, MSN, CPNP-PC**

*Pediatric Nurse Practitioner  
Advocate Children's Hospital for Developmental and Behavior Pediatrics  
Developmental Pediatrics, Lend Fellow  
University of Illinois at Chicago*

**June Treston, MSN, CRNP**

*Family Nurse Practitioner, Family Nurse Practitioner Program  
Associate Program Director  
University of Pennsylvania, School of Nursing  
Nurse Practitioner, Emergency Medicine  
Cooper University Medical Center*

**Alyssa Tannenbaum, PT, DPT**

*Sports Physical Therapist  
Sports Medicine and Performance Center*

**Roberta E. Thomas, LSW**

*Social Work Behavioral Health Liaison  
Department of Patient and Family Services*

**Catharyn A. Turner, II, MD, MEd**

*Attending Psychiatrist, Medical Behavioral Unit  
Behavioral Health Integrated Program  
Department of Child and Adolescent Psychiatry and Behavioral Sciences*